

[QUICK VEGAN MEAL](#)



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30 Delicious Vegan Meals You Can Make In Under 30 Minutes

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Easy vegan recipes Jamie Oliver

Vegan recipes (133) Whether it's delicious vegetarian or easy vegan recipes you're after, or ideas for gluten or dairy-free dishes, you'll find plenty here to inspire you. For more info on how we classify our lifestyle recipes please read our special diets fact sheet, or for more information on how to plan your meals please see our special diets guidance.

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30 High protein Vegan Meals Wallflower Kitchen

This easy one-pot Teriyaki Tofu Stir Fry is the perfect weeknight meal. Whisk together a quick sauce, add any assortment of veggies, and serve it over some cooked quinoa for a complete family-friendly dish! 19g protein

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50 Best Vegan Recipes Easy Vegan Dinner Ideas You'll Love

If you think eating vegan is boring, think again. Browse through these hearty recipes and find main courses,

salads, soups, and more that'll fit your needs and satisfy your meat-loving friends.

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